



Welcome Packet

WELCOME,

Cheer Parents & Guardians.

We are excited to have you and your cheerleader join us. The 2025 season is set to be fantastic for the BULLDOGS!



This packet contains essential information for the upcoming season, including key dates, pricing, and important announcements, as well as details about the commitments our families make upon registration. We encourage you to read through it thoroughly and to reach out to the Cheer Coordinator, Jennifer Arrington with any questions you might have. You can also find this packet online at www.DeLandYFC.com, where additional important documents, such as our bylaws, are available.



The mission of Pop Warner Little Scholars is to provide young individuals with the opportunity to engage in team sports and activities within a safe and organized environment. Through active involvement, Pop Warner programs instill essential values, skills, and knowledge that youth will carry with them throughout their lives. The organization aims to offer enjoyable athletic learning experiences for children while highlighting the significance of academic achievement. Specifically, Pop Warner introduces players and spirit participants to the basics of football, cheerleading, and dance. The organization is dedicated to inspiring youth of all backgrounds—regardless of race, creed, or national origin—to embrace the principles of sportsmanship, scholarship, and physical fitness, as exemplified by the late Glenn Scobie “Pop” Warner.



DeLand Cheer 2025

The 2025 season presents exciting opportunities for our young athletes.

DeLand Youth Football and Cheer has teamed up with Pop Warner for the upcoming Fall season. Our program is locally overseen by the East Coast Conference (ECC), which reports to the Southeast Region.

DYFC is scheduled to kick off on July 15, 2025, continuing through December of the same year. All coaches have completed comprehensive background checks conducted by Pop Warner. Before the season begins, coaches and staff will be certified in first aid, CPR, and the operation of AED machines. Moreover, coaches and team parents are required to obtain certifications from YCADA and Pop Warner Cheer.

Our cheerleading program is open to children aged 3 to 18. Each team has a limited number of spots available, filled on a first-come, first-served basis, with a minimum of five registered participants of the appropriate age needed to form a team. DYFC reserves the right to add, remove, or reassign athletes to different teams based on the player-to-coach ratio and the overall well being of the child.

Cheer Teams

Recreational Teams:

- Junior Tiny-Mite ages 3-5
- Challenger Cheer Team ages 5-18 (currently enrolled in school)

These teams are categorized as "Recreational" and are non-competitive. Both the Junior Tiny-Mites and the Challenger Team will cheer at League football games and participate in the ECC cheer competition, which is a local exhibition event held for one day. The Challenger Cheer Team has the option to advance to Regionals, but this decision rests with the athlete.

Competitive Teams:

- Teams include Tiny-Mite, Mitey-Mite, Junior PeeWee, PeeWee, JV, and Varsity.

These teams are classified as "competitive." They will cheer at League Football games and compete at the East Coast Conference Competition. If a team secures 1st or 2nd place, they will qualify for Regionals. Should they achieve 1st or 2nd place at Regionals, they will then advance to Nationals in Charlotte, North Carolina.

Note: Additional fees will apply if a team qualifies for Regionals or Nationals.

Registration

\$150 Jr. Tiny Mites and Challenger Team

\$300 Tiny Mites. Mitey Mite, Jr. PeeWee, PeeWee. and Varsity

- Game Day Uniform (to be returned at the end of the season)
- Game Day Bow
- Competition Bow
- One Bloomer/Brief
- 2025 Cheer Shirt
- Sponsor Shirt
- Gym fees
- Competition entry fees
- Game Day Necessities (Fields, Paramedic, Referees, Etc.)

PAL Registration

This is included in your registration fee and includes all DPAL activities. Child **MUST** be registered to practice. Please go to www.delandpal.com to register. Select CHEER as your "Activity" and use code special2022code at checkout.

Volunteers

DYFC relies completely on the commitment of volunteers. Board members, coaches, team parents, and everyone who offers their assistance are vital in ensuring that DYFC operates effectively, not only on game days but throughout the entire year, including behind the scenes. Annually, our volunteers dedicate thousands of hours to create an athletic program that serves the children in our community.

Practice & Game Days

Parents/Guardians are responsible for the following items:

- **64 oz Water Jug with leakproof w/ lid (No Stanleys)**
- **White Cheer Shoes:** Required for Tiny Mites and older **Velcro** cheer shoes are recommended for younger cheerleaders.
- **White Ankle Socks:** To be worn on game days.
- **Practice Attire:** This includes appropriate shorts, sports bras, and T-shirts. Please note that spaghetti straps, zippers, buttons, hair beads, head wraps, nail polish, fake nails or jewelry are not permitted.



Additional Expenses for game days:

- *Snack Money*: \$25 per cheerleader, due by Friday, August 4, 2025. This fee covers snacks for the football season, including halftime and post-game treats. Additional expenses might be requested for special awareness bows such as Childhood Cancer or Breast Cancer. Your Team mom will keep you informed.

Practice:

- Tiny Mites-Varsity: Maximum of 10 hours per week
- Junior Tiny Mites: 2 hours per week
- Challenger Cheer Team: 2 hours per week
- The first practice will be on Tuesday, July 15, 2025, at 6:00 PM.
 - All participants must complete 10 hours of conditioning before engaging in stunting or tumbling activities. Cheer shoes are required for participation in these activities.
- Starting July 21st, 2025, teams will practice three days a week (Junior Tiny Mites and Challenger are exceptions).
- Each team's specific schedule will be announced by July 31, 2025.
- Practice times will be from 5:00 PM- 8:30 PM. Depending on age.
- The Cheer Coordinator and Head Coaches will decide on the practice days. Please be aware that practice schedules may change. If a holiday coincides with a practice day, rescheduling will be at the coach's discretion. Additionally, if practice is canceled due to severe weather, the coach will determine the rescheduling.
- The following items are prohibited: Jewelry, Nail Polish, Fake Nails, Zippers, Buttons, Hair Clips, Hair Beads, Spaghetti Straps.

Football Games:

- Game schedules are created by the **East Coast Conference** and shared by DeLandYFC

DeLand Youth Football and Cheer does not create or influence the schedule in any way.

- The head coach will receive notifications as the schedule becomes available and will share it with all team members in GroupMe.
 - Expect to cheer from August to November each year.
- **All team members are responsible for organizing their own transportation to football games, league competitions, and playoffs.**

Cheer Practice

Locations:

- DPAL Gym
422 S. Delaware Ave,
DeLand.
- Top Cheer Training
HUB
- Woodland Elite
DeLand

Practices are CLOSED with the exception of the Challenger Team

Game Days

- Games are generally scheduled for Saturdays, taking place between 8 AM and 6 PM, unless specified otherwise in the schedule. In the event of a postponement due to weather, cheerleaders are required to attend the rescheduled game.
- Home games
Sperling Sports
Complex.
1500 Matt Fair Blvd,
DeLand, FL 32724

WHAT TO EXCEPT IN *July*

The beginning of the season is always thrilling, yet it can also feel a bit overwhelming. The season kicks off on July 15, 2025, at 6:00 PM. We will hold daily practices, transitioning to sessions three days a week starting July 21st.

JULY PRACTICE CHECKLIST

- Sneakers
- Shorts
- T-shirt
- Sunscreen
- Bug Spray
- 64 oz water jug -with lid and leak proof **hydrate** BEFORE practice time
- Yoga mat or large towel (for warm ups and stretching)



CAN MY CHEERLEADER PARTICIPATE IF THEY ARE MISSING ANY PAPERWORK?

In order to participate on July 15th ALL paperwork must be filled out and turned prior to the first day of practice.

WHERE IS PRACTICE JULY 15TH- JULY 31ST?

DeLand Middle School 1400 Aquarius Ave. DeLand

WHAT IF IT'S RAINING?

We continue our practice even in the rain. However, if there is lightning nearby, we request that athletes stay inside their vehicles with their parents or guardians until the Cheer coordinator or Football commissioner confirms that it is safe to resume practice or decides to cancel it.

DO WE HAVE PRACTICE JULY 15TH, 16TH, 17TH AND 18TH?

YES!

JULY 21ST-JULY 31ST

Jr. Tiny Mite	CHALLENGER	TINY MITE	MITEY MITE GREEN	MITEY MITE GOLD	Jr. PeeWee	PeeWee	Varsity
Tuesday 6:00 -7:00	Tuesday 6:00 -7:00	Monday 6:00-7:30	Monday 6:00-8:00	Monday 6:00-8:00	Tuesday 6:00-8:00	Tuesday 6:00-8:00	Monday 6:00-8:00
Thursday 6:00-7:00	Thursday 6:00-7:00	Tuesday 6:00-7:30	Wednesday 6:00-8:00	Tuesday 6:00-8:00	Wednesday 6:00-8:00	Wednesday 6:00-8:00	Tuesday 6:00-8:00
		Thursday 6:00-7:30	Thursday 6:00-8:00	Thursday 6:00-8:00	Thursday 6:00-8:00	Thursday 6:00-8:00	Wednesday 6:00-8:00



IMPORTANT *Information*

DISMISSAL

You must give written consent if you plan to let someone else pick up your child from practice or games. If you have any questions regarding your release permissions, please consult with your Head Coach or Cheer Coordinator.

COMMUNICATION

In the event of practice cancellations, inclement weather, time adjustments, or schedule changes, effective communication is crucial. To stay updated, please make sure you have joined your team's GroupMe and follow DeLand Youth Football and Cheer on social media.

- If you have any concerns regarding your cheerleader, please discuss them directly with the cheer coach, and refrain from airing issues on social media. If you're unable to resolve matters with the cheer coach, you may reach out to Cheer Coordinator Jennifer Arrington at 386-747-6293. It is advisable to wait 24 hours before addressing any issues with the cheer coach or board member, as taking some time can facilitate better communication when emotions have settled.

For any concerns related to the cheerleading program, please direct them to your child's cheer coach. If you have questions or concerns regarding the cheerleading program, team parent, or coach, please arrange a meeting with the Cheer Coordinator. It is not appropriate to approach a cheer coach before or during practice or games. There is a proper time and place for discussing legitimate concerns and addressing them during practice or high-emotion moments is not suitable, especially in the presence of children.

SCHOLARSHIPS

Every Kids Sports offers financial assistance for athletes. <https://everykidsports.org/every-kid-sports-pass/>. If you are awarded assistance they will issue you a credit card number to use for payment. If you are unable to receive assistance from Every Kids Sports, we encourage you to please fill out the form below and submit it to our Board for consideration at delandpopwarner@gmail.com

ATTENDANCE

Participation in practices and games is considered MANDATORY. Missing practice or arriving late disrupts both teammates and coaches who are focusing on the essential skills for games and competition routines. Therefore, attending all practices is vital. If your child has multiple unexcused absences, they may be moved within competition routines or removed from the roster without a refund, and this policy will be enforced strictly. Excused absences include illness, religious services, and scheduled school events. It is important to notify the Team Mom and/or coach of any absences for practices and/or games before they begin; otherwise, these will be marked as unexcused.

During the week of any competition, only extreme emergencies will be accepted as valid reasons for missing practice. Coaches retain the right to prevent a team member from competing if their absence was not pre-approved or if it has led to missing crucial instructions that could affect the team's performance. Additional practices may be scheduled during competition weeks as needed.

REFUNDS

Participants who register but choose not to join the 2025 Fall Cheer program before July 31, 2024, may request a refund according to our refund schedule outlined below. Please note that all refunds will incur a \$50 administrative fee.

- Before July 31st: 100% refund, minus a \$50 administrative fee.
- After August 1st: No refunds will be issued once the season begins, except for the following circumstances, which will still incur a \$50 administrative fee:
 - Medical conditions that physically prevent participation, requiring a doctor's note and subject to board approval.
 - If we cannot form a team in your child's division, the league will issue a refund for the affected athlete.

All refund requests must be submitted in writing to the Board and are contingent upon returning all league equipment. Please send your requests to delandpopwarner@gmail.com.

CONDUCT AND *Disciplinary Policy*

DeLand Youth Football and Cheer is in a partnership with Pop Warner Football and Cheer. All parents, participants and spectators must adhere to both set of rules. DeLandYFC will follow Pop Warner rules and guidelines in conjunction with the DeLandYFC Code of Conduct.

CODE OF CONDUCT

An Important Reminder for Parents on Supporting Their Children in Sports

It is crucial for parents to read, understand, and sign the code of conduct before their children can participate in our league. Any parent, spouse, guardian, or guest who exhibits inappropriate behavior during games or practices will be asked to leave the sports facility and may face suspension from the upcoming game. Repeated offenses could result in multiple game suspensions, loss of the privilege to attend games for the season, or even the removal of the child from the program. All parents, grandparents, guardians, and attendees are expected to demonstrate good sportsmanship for the players during practices and games. Criticism towards players, coaches, or officials will not be tolerated in any form, and the use of profanity will lead to immediate removal from both practice and game venues.

All coaches, board members, parents, and participants must adhere to a Code of Conduct. Any failure to comply with these guidelines may result in disciplinary action from the DeLand Bulldogs (DB) Board of Directors. Minor infractions will typically be addressed by the participant's coach as a team discipline issue, while more serious or repeated violations may need to be escalated to the DeLand Bulldogs Board of Directors, in accordance with the disciplinary procedures stipulated in our bylaws.

To maintain the goals of the DeLand Bulldogs Association and ensure a safe and enjoyable environment for all participants, parents, guardians, and other adults attending Pop Warner events—including practices, competitions, and banquets—must consistently exhibit respectful, courteous, and sportsmanlike behavior.

The following actions are considered disciplinary violations by the DeLand Bulldogs:

- Lying and cheating
- Stealing
- Use of profanity and poor sportsmanship
- Fighting
- Bullying (including on social media)
- Misuse of players' safety equipment
- Disrespectful behavior (including but not limited to crude, profane, or sexually suggestive remarks or gestures)
- School truancy and suspension
- Use of alcohol, tobacco, vaping products, or drugs

Commission of a criminal act, such as assault, battery, or theft

DISCIPLINE POLICY

1st OFFENSE 1 week suspension from practice and following game & the participant is placed on probation for the remainder of the season

2nd OFFENSE Suspension from DeLand Bulldogs for the remainder of the season.

3rd OFFENSE Minimum one (1) year suspension from the date of notification.

The following actions by a participant will result in immediate removal from the team for the remainder of the season:

a. Use of alcohol, tobacco, vaping products, or drugs (legal or illegal)

b. Commission of a criminal act, such as but not limited to assault, battery and theft.

2025 Competitions



East Coast Competition Sunday 10/19/2025

Daytona Beach Ocean Center
101 N Atlantic Ave, Daytona Beach, FL 32118

- If your team finishes in 1st or 2nd place, you will advance to the Southeast Regional Competition.
- Parents/guardians are responsible for transportation to and from the competition.



Southeast Region Competition Friday 11/28- Saturday 11/29/2025

Silver Spurs Arena,
1875 Silver Spur Ln. Kissimmee, FL 34744

- The exact competition day for your team will be announced later; the schedule will be provided as the event date approaches.
- If your team secures 1st or 2nd place, you will qualify for the National competition.
- Parents/guardians are responsible for transportation to and from the competition.
- Staying in a hotel for the Southeast competition is not mandatory.



National Competition Monday 12/8-Thursday 12/11/2025

Charolette Convention
500 South College Street Charlotte, NC 28202

- The exact competition day for your team will be announced later; the schedule will be provided as the event date approaches.
- Parents/guardians are responsible for transportation to and from the competition.

FUNDRAISING

DeLand Youth Football and Cheer is preparing to enhance its fundraising initiatives this year. These funds are essential for covering expenses related to Regionals and Nationals. Although parents have the option to opt out of all fundraising activities, they will still need to cover all costs, including additional items like backpacks, warm-ups, jackets, and more. We invite parents to participate in the Fundraising Committee to assist in organizing and executing our fundraising goals.

FINANCIAL OBLIGATION

Estimate:

Competition Uniform: \$150.00-\$200.00 (to keep)

Lunch/Snacks \$10-\$25 for ECC and Regional's

Nationals Fee: \$500 due on Dec 1st

National's fee is per Cheerleader this includes traveler team fees, cheerleader hotel, food, and event ticket.

COMPETITION CONTRACT

Competition Contract due 8/1/2025

Scholastics

POP WARNER LITTLE SCHOLARS, INC.

(PWLS) is the only national youth sports organization in America that requires its participants to perform adequately in the classroom before permitting them to play.

- Proof of satisfactory progress in school is required. A 70% and/or 2.0 Grade Point Average (GPA) or the equivalent shall be the minimum grade point average acceptable to participate.
- We understand that not all student-athletes are able to meet our scholastic requirements at the time of team certification at the beginning of the season. If a child does not meet the requirements of scholastic fitness, he/she may fill out and submit a Scholastic Eligibility Form. This form must be accompanied by an improving progress report or report card to be eligible for play after the mid-season deadline.

REPORT CARDS ARE DUE TO DELAND POP WARNER BY THE 1ST DAY OF PRACTICE

The entire report card (all four quarters or all three trimesters) must be turned in.

- Report cards can be printed out through Vportal for Volusia County School students.
- If the report card has not been turned in, your child may not be able to begin practice.

Get Money for School!

Since 1993 over \$1.3 million in scholarships have been awarded to Pop Warner scholar-athletes! Last year, Pop Warner selected 8,000 participants around the country to receive scholarships! Scholarships awarded range from \$500–\$5,000. To Receive Scholarships from Pop Warner • Participant is currently in 5th grade or higher.

- Has a 96% grade point average or better.
- Has a complete prior year's report card

Contacts

Jennifer Arrington: Cheer Coordinator

✓ arringtonJenn87@yahoo.com

☎ 386-747-6293

Amanda Gingerich: Compliance

✓ compliance.delandfc@gmail.com

Jessica Puckett: Scholastics

✓ compliance.delandfc@gmail.com

✓ DeLandPopWarner@gmail.com

🌐 www.DeLandYFC.com



Response Time

🕒 24 - 48 hours except weekends



Deland Youth Football and Cheer

Cheer T-Shirt Sponsor Form



HELP US BRING THE CHEER! JOIN OUR FUNDRAISER TO SUPPORT DELAND YOUTH CHEERLEADER'S JOURNEY TO THE TOP! THIS YEAR WE'RE RAISING MONEY FOR COMPETITION EXPENSES, AND WE NEED YOUR HELP. EVERY DONATION, NO MATTER HOW SMALL, WILL HELP US ACHIEVE OUR DREAMS. WE PROMISE TO MAKE OUR COMMUNITY PROUD!



Nationals Sponsor \$1000.00

YOUR LOGO AT THE TOP OF ALL CHEER TEAM'S T-SHIRTS & SLEEVE -
NAME/BUSINESS WILL BE LISTED ON SOCIAL MEDIA
SHARED BANNER PRESENTED AT HOME GAMES
LISTED AS A SPONSOR ON THE LEAGUES WEBSITE
4 SPONSOR TSHIRTS



CIRCLE T-SHIRT SIZE:

T-SHIRT SIZE: S M L XL 2X 3X

T-SHIRT SIZE: S M L XL 2X 3X

T-SHIRT SIZE: S M L XL 2X 3X

T-SHIRT SIZE: S M L XL 2X 3X



Bulldog Sponsor \$500.00

YOUR LOGO ON ALL CHEER TEAM'S T-SHIRTS. -
NAME/BUSINESS WILL BE LISTED ON SOCIAL MEDIA
¼ OF SHARED BANNER PRESENTED AT HOME GAMES
LISTED AS A SPONSOR ON THE LEAGUES WEBSITE
2 SPONSOR TSHIRTS

CIRCLE T-SHIRT SIZE:

T-SHIRT SIZE: S M L XL 2X 3X

T-SHIRT SIZE: S M L XL 2X 3X



Green & Gold Sponsor \$250.00

YOUR LOGO ON ALL CHEER TEAM'S T-SHIRTS.
- NAME/BUSINESS WILL BE LISTED ON SOCIAL MEDIA 1 SPONSOR SHIRT

CIRCLE T-SHIRT SIZE:

T-SHIRT SIZE: S M L XL 2X 3X



Bow Sponsor \$100.00

INDIVIDUAL TEAM SPONSOR YOUR NAME ON ONE TEAM'S T-SHIRT.
NAME/BUSINESS WILL BE LISTED ON SOCIAL MEDIA

Cheerleader's Name: _____

Name: _____

Business Name: _____

Phone: _____

E-mail: _____

Please send a high-resolution photo of your logo to
DeLandPopWarner@gmail.com
No, later than September 22nd, 2025

LATE SUBMISSIONS WILL NOT BE PRINTED

CHECKS PAYABLE:
TO DELAND YOUTH FOOTBALL AND CHEER
PLEASE MAIL CHECKS TO:
336 E NEW YORK AVE #3331
DELAND, FLORIDA 32720

OFFICE USE ONLY

PAYMENT METHOD

☐ CASH

☐ CHECK

CHECK # _____

CHECK MEMO: (MEMO: CHEERLEADER NAME AND TEAM)

☐ CREDIT CARD

PLEASE INITIAL & DATE

CHEER STAFF

CHEER COORDINATOR

Circle Cheer Team:

Jr. Tiny Mite

Tiny Mite

Mity Mite Green

Mity Mite Gold

Jr. PeeWee

PeeWee

Varisty

Challenger

If you need assistance or have questions, please contact
Jennifer Arrington (386)747-6293

DeLandPopWarner@gmail.com